

Our Staff



Heather Clarke, CNM
M.S.N., Columbia University
B.S.N., New York University



M. Christina Fisher, CNM, MS
M.S., State University of New York,
Stony Brook
B.S., Virginia Tech, Blacksburg, VA
R.N., Bronson Methodist Hospital,
Kalamazoo, MI



Pandora Hardtman, CNM
M.S.N., University of California
B.S.N., Johns Hopkins University



Evelyn Mulblan, CNM, MS
M.S., State University of New York,
Stony Brook
B.S.N., University of Maryland

Additional Staff:

Peter Johnson, CNM, Ph.D.

B.S., State University of New York, Buffalo

Ph.D., State University of New York, Buffalo



The Nurse Midwife Program
at Maryland General Hospital

*A healthy alternative
to traditional
prenatal care
and childbirth.*



www.marylandgeneral.org

The Nurse Midwife as an Option

Maryland General Hospital nurse midwives are professional healthcare providers who support women during their pregnancy, labor and delivery, and beyond.

Midwifery is based on a clearly defined philosophy that is centuries old. It relies on prevention and education, compassionate, family-centered and culturally appropriate care, and mutual decision-making between the midwife and mother. Midwifery care is a safe and healthy alternative to the traditional prenatal care and childbirth services performed by an obstetrician/gynecologist.

Midwives Focus on You

During your pregnancy, your nurse midwife regularly monitors the health of you and your baby, and can provide you with referrals for sonograms and other routine tests. When you are ready to deliver, he or she is there to evaluate your progress, offer emotional support and assist you with your delivery.

Maryland General nurse midwives focus on individualized medical care that includes addressing the social and emotional issues of the expectant mother. Patient visits normally take longer to allow plenty of time for questions and to discuss your concerns about family roles, sexuality, and exercise and nutrition. Follow-up care begins immediately after your delivery when your nurse midwife will examine your baby and provide advice on breastfeeding and proper infant care.

Maryland General nurse midwives always practice in a team that includes a physician, and they are trained to interact with medical specialists and other healthcare professionals for consultations and for the joint management of a woman's pregnancy, should medical complications develop that potentially put a woman's or her baby's health at risk.

The Midwife Credentialing Process

All of Maryland General's nurse midwives are credentialed by the American College of Nurse Midwives. This means that, in addition to completing their nursing education, they have received additional training and satisfied a number of quality standards that permit them to diagnose mothers and deliver their babies safely.

Certification means your midwife:

- ✿ Has completed a nationally accredited education program
- ✿ Has passed a national certification exam
- ✿ Participates in continuing education and competency assessment
- ✿ Has the proper professional liability insurance
- ✿ Is licensed by the state of Maryland to practice

Getting Off to a Good Start: Birthing at Maryland General's Maternity Center

MGH's beautiful Obstetrical Center and its staff complement our caring and compassionate midwives. The center features seven Labor/Delivery/Recovery/Post-partum (LDRP) suites and two Labor/Delivery/Recovery (LDR) suites that offer a homelike atmosphere complete with wood floors, colorful furnishings and comfortable furniture for you and your family to enjoy.

Here you can relax during labor in your own whirlpool bath, or use our birthing pool for your delivery. Each suite has all of the technology necessary to ensure a safe birth.

Our newborn nursery is located in The Obstetrical Center in a secure environment, and the center's state-of-the-art operating room is available 24 hours a day in the event you experience complications during your delivery.

"We Do More Than Deliver Babies"

Besides attending births, Maryland General midwives provide a wide range of women's healthcare services.

Midwives are educated and prepared to manage the gynecologic care of women from adolescence onward, so you can continue seeing them after your baby has arrived. Their services include:

- ✿ Yearly physicals, management of common illnesses and family planning
- ✿ Preventive care and cancer screening
- ✿ Pap smears and breast exams
- ✿ Menopause counseling and hormone replacement therapy

For more information about the midwifery program at Maryland General Hospital or to schedule an appointment, call The Obstetrical Center appointment line at 410-225-2000.

Maryland General Hospital recognizes that nurse midwives aren't for all women and we have a complete staff of OB/Gyns ready to provide prenatal care if you prefer to have a physician manage your pregnancy and delivery.